

Maintaining Access with Normal.dotm

Published: 2014-01-23 · Archived: 2026-04-06 15:33:49 UTC

I was playing around in Word yesterday and thought of a neat idea. To start off, what I am about to show you will blow away any user set macros in Normal.dotm. That being said, this is kind of cool.

Let me start with all of the code. Everything you need to setup and execute this attack can be found here:

<https://github.com/enigma0x3/WordPersistence>

****You will need to host Invoke-Shellcode, the malicious Normal.dotm and persist.ps1 for this to execute correctly****

****It is also important to note that you MUST create the malicious Normal.dotm by opening a new word document, creating a new macro, pasting in the code and then saving it as Normal.dotm. Once created, you can then host it.**

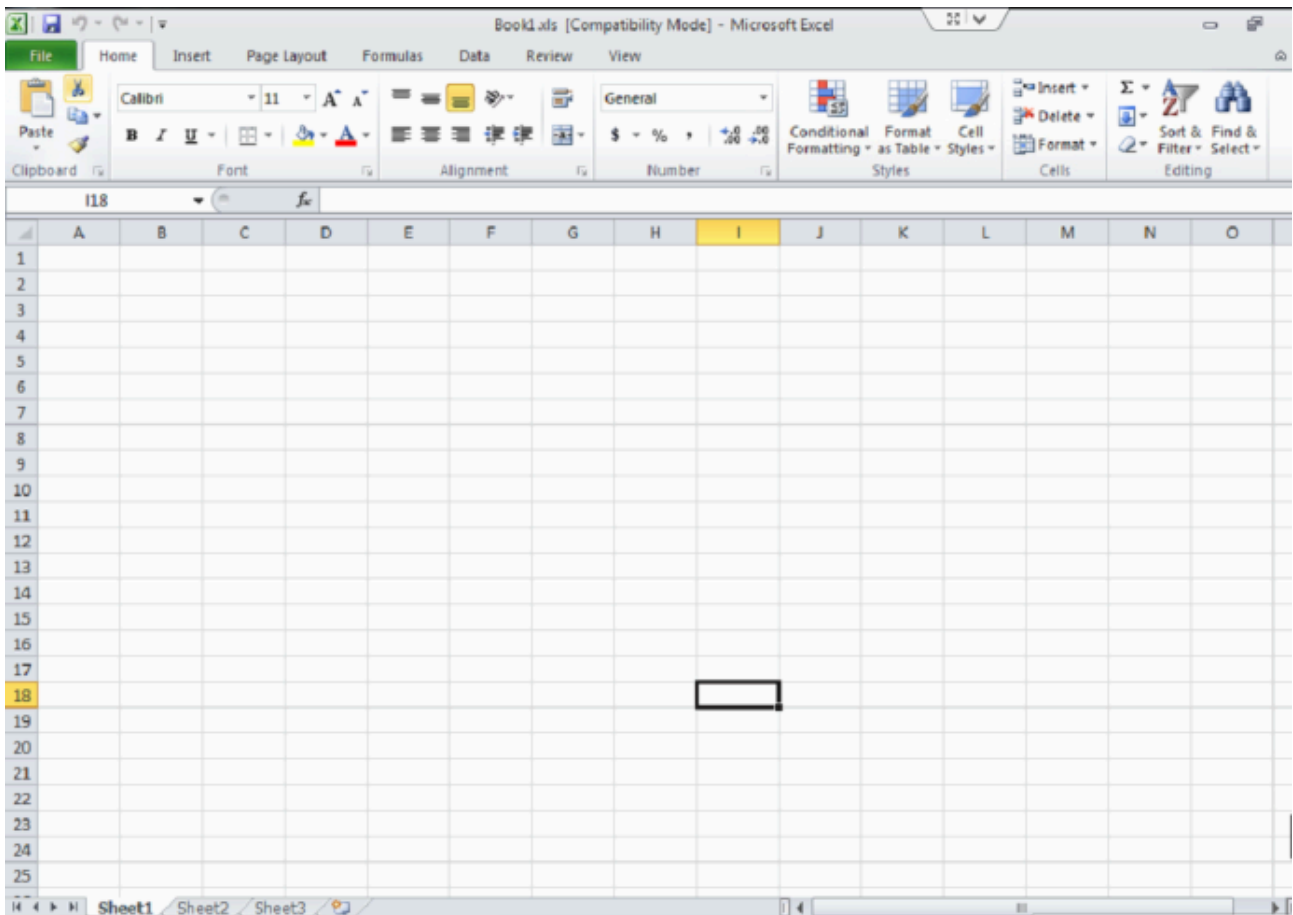
The way this works is like so: You craft an excel document and send it off to the target. They open said document and it executes a payload. While you are sitting there with your meterpreter session, it does the following:

1. It changes the macro security settings in Word/Excel
2. It creates a registry key that executes the hosted persistence script on startup
3. It drops a malicious Normal.dotm in C:\Users\{username}\AppData\Roaming\Microsoft\Templates

If you don't know, Normal.dotm is the base template for all Word documents. If a macro sits in it, it executes EVERY SINGLE TIME Word is opened. Now, let me show you!

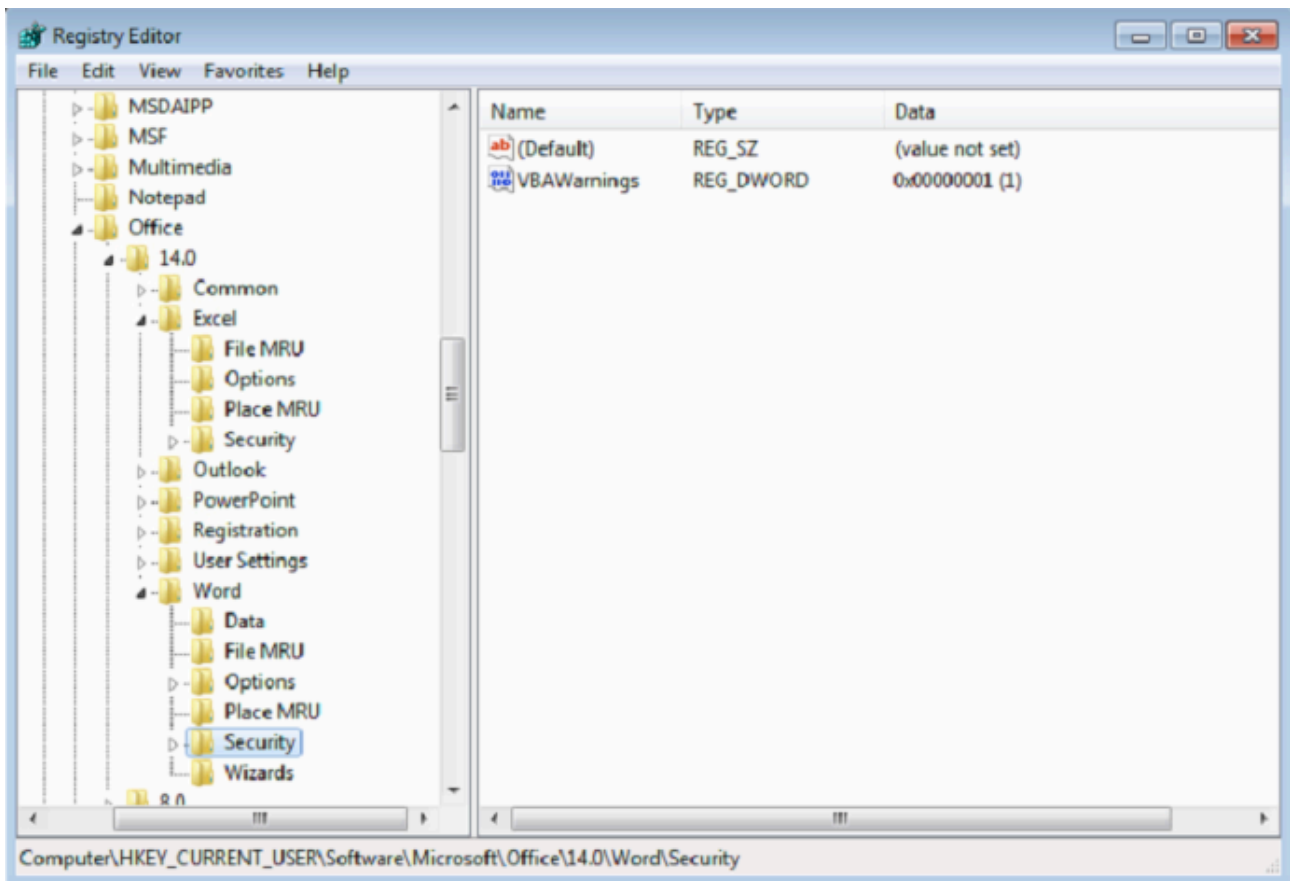
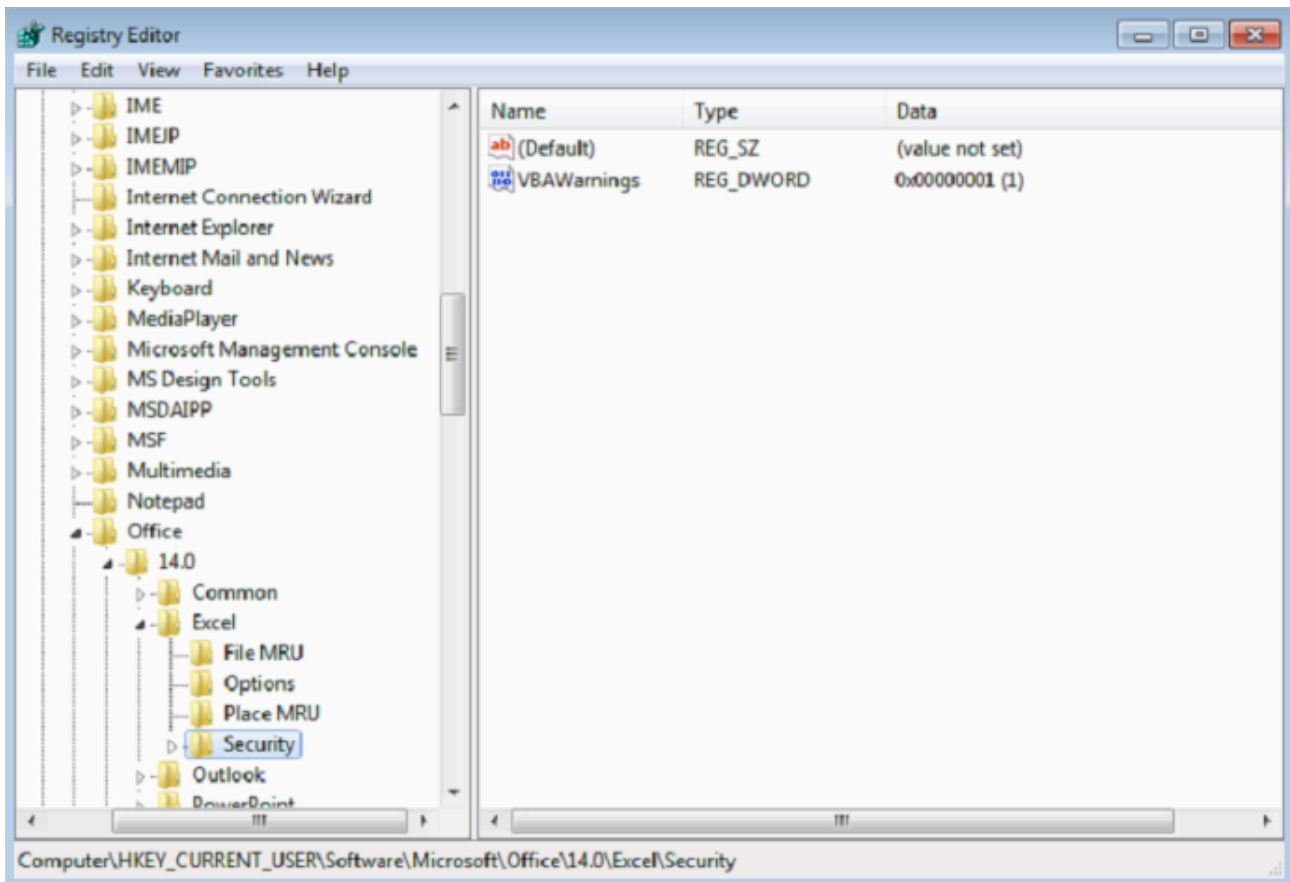
To start off, create your macro with the code on Github and send it. Once opened, here is what happens:

1. You get your shell

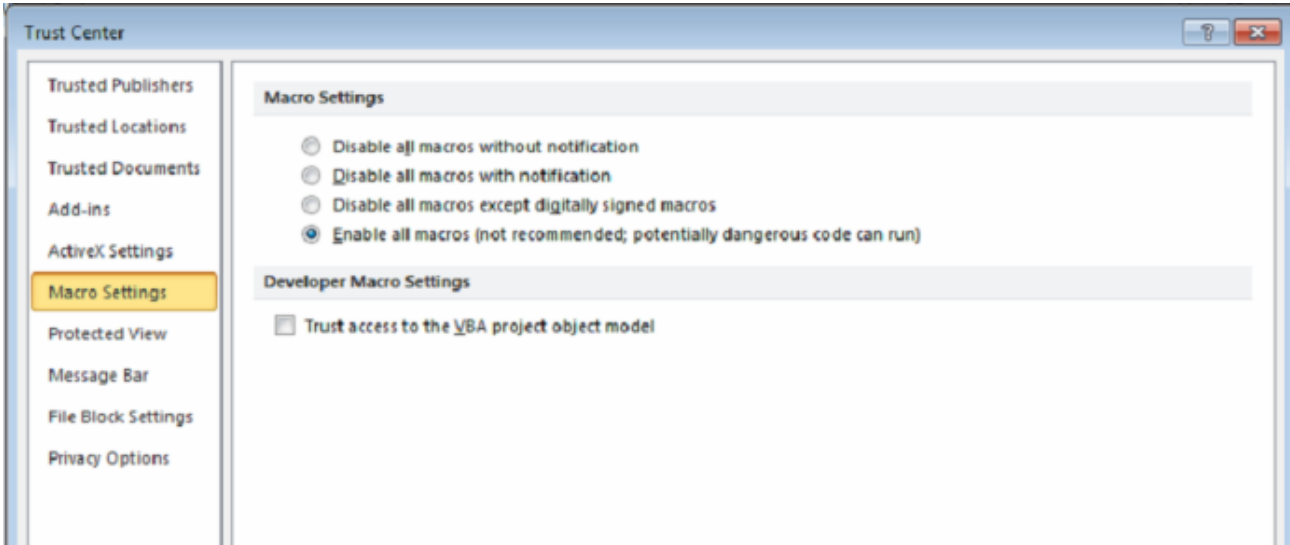


```
[*] Started HTTPS reverse handler on https://0.0.0.0:1111/
[*] Starting the payload handler...
[*] 192.168.1.108:62830 Request received for /INITM...
[*] 192.168.1.108:62830 Staging connection for target /INITM received...
[*] Patched user-agent at offset 663128...
[*] Patched transport at offset 662792...
[*] Patched URL at offset 662856...
[*] Patched Expiration Timeout at offset 663728...
[*] Patched Communication Timeout at offset 663732...
[*] Meterpreter session 25 opened (192.168.1.128:1111 -> 192.168.1.108:62830) a
t 2014-01-22 22:00:39 -0500
meterpreter > █
```

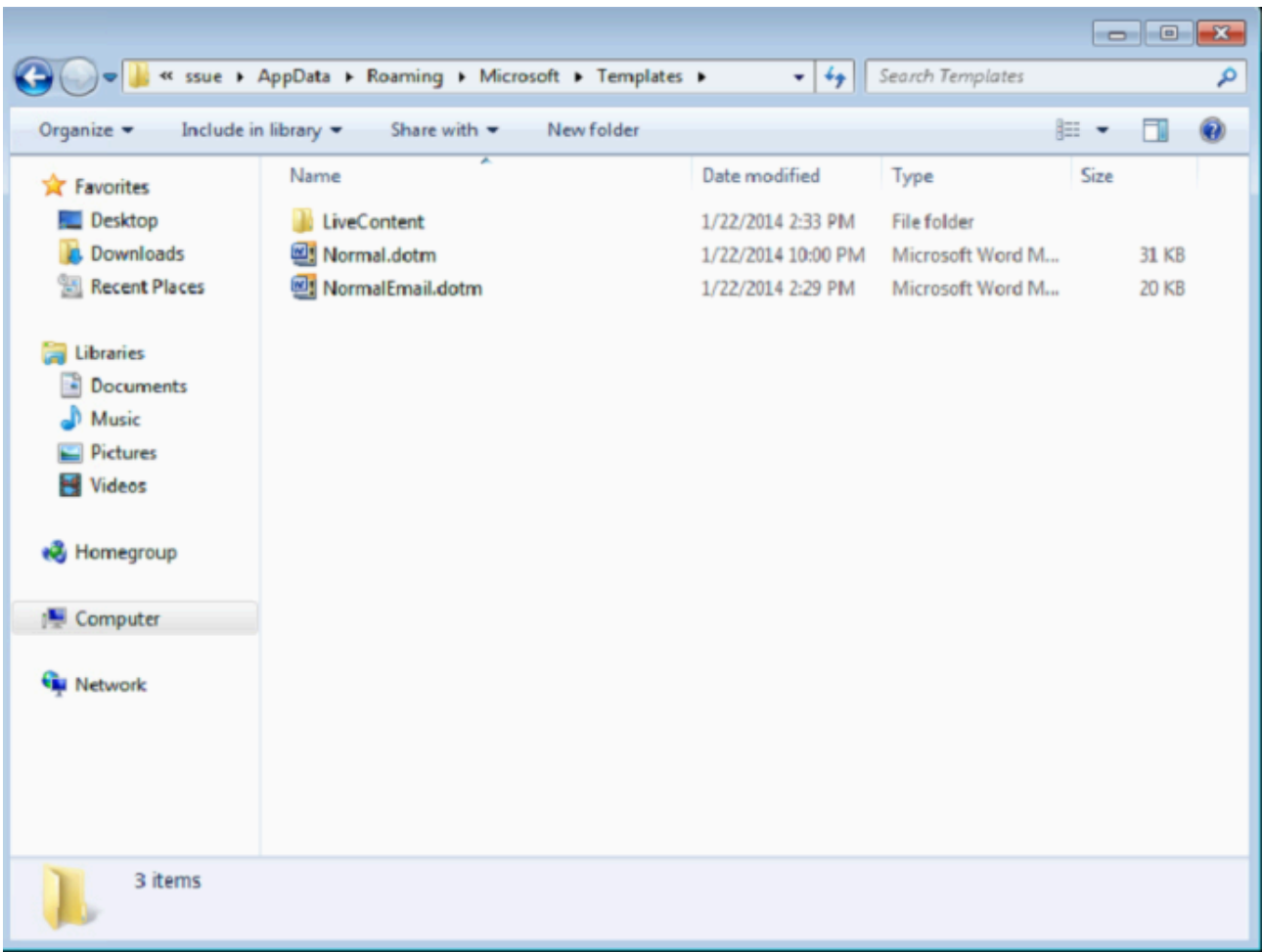
2. It then disables the macro security settings so the malicious Normal.dotm macro can execute on startup (and also changes the Excel settings just because)



—AND BAM



3. It also drops a malicious Normal.dotm (overwrites the old one) in C:\Users\{username}\AppData\Roaming\Microsoft\Templates



NOTHING FISHY HERE 😊



I hope you enjoy.

-Matt Nelson ([@enigma0x3](#))

Source: <https://enigma0x3.net/2014/01/23/maintaining-access-with-normal-dotm/comment-page-1/>